

Selection of Fresh Sandwiches

Toasted Special	€7.50
Ham, Cheese, Tomato & Onion served with French Fries	
Plain Sandwich	€5.50
Toasted Sandwich	€6.50
Roast of the day Sandwich	€6.95
Open homemade Brown Bread	€7.50

The following fillings available

Ham, Chicken, Cheese, Tomato, Onion, Lettuce, Egg, Tuna, Stuffing, Coleslaw, Beetroot, Peppers, Cucumber

Paninnis

Ham, Buffalo Mozzarella and Basil Pesto	€8.50
Chicken, Chorizo Sausage and Roast Pepper Mayo	€8.50

Wraps

Cajun Chicken, Red Onion and Bacon	€8.50
Ham, Stripecy Jack Cheese and Country Relish	€8.50

All above served with a salad garnish

Add chips €2.00

May contain Allergan's: 1,3,4,7,9,10,11,12,13

Gluten Free Bread Available

Starters

<u>Soup of the Day</u>	€4.95
Served with Homemade Brown Soda Bread or a Petit Pan May Contain: 1,7,9	
<u>Fresh Seafood Chowder</u>	€9.95
A selection of Smoked Seafood, Salmon & Haddock in a Creamy Spring Onion and Potato Veloute. Served with Homemade Soda Bread May Contain 1,2,4,9,10,12,14	
<u>Sesame Seed Chicken Gougons</u>	€6.95
Tender strips of Chicken paned with Sesame Seeds in a Breadcrumbs Dressing, deep fried and placed on a Cajun & Mango Mayonnaise. Contains 1,3,7,8 <i>As a main course with chips and salad</i>	€12.95
<u>Buffalo Mozzarella, Beef Tomato and Chorizo Bruschetta</u>	€6.95
Garlic Soaked Herb Crusts served with a tossed Salad. Contains: 1,3,7,8	
<u>Chicken and Mushroom Vol au Vont</u>	€7.50
Finished in a creamy sauce, on a freshly baked Puff Pastry Case. Contains: 1,7 <i>As a main course with chips and salad</i>	€12.95
<u>BBQ Baby Back Pork Ribs</u>	€7.95
Marinated in Mixed Spice and Sticky Barbeque Sauce, served with Deep fried Onion Rings, & a chiffonade of Salad. Contains 1,6,10,11 <i>As a main course with chips and salad</i>	€13.95
<u>Garlic Mushrooms</u>	€6.50
Breaded Mushroom Cups, deep fried & served with a Sorrel of lettuce & Garlic Mayonnaise. Contains: 1,3 <i>As a main course with chips and salad</i>	€10.95
<u>Chilli & Chorizo Tempura Prawns</u>	€8.95
Tempura Prawns, deep fried with a Sweet Chilli and Chorizo Sausage Salsa with Crusty Ciabatta Bread. Contains 1,3,7,13,14	

Main Courses

Vegetable Egg Noddle Stir-Fry

€14.95

Stir- Fry with Bell Peppers, Onions, Mushrooms & Broccoli in a Ketjap Manis with Egg Noodles, Sesame Seeds and a squeeze of Lime

Add Beef

€3.00

Add Chicken

€2.00

Contains: 1,4,6,7,11

Chef's Salad of the Day

€12.95

Fresh Salad with Various Meats, placed upon a bed of tossed lettuce

Ask server. May Contain : 1,2,3,4,5,6,7,8,9,10,11,12,13

True Rhu Burger

€13.95

Premium Homemade 8oz Irish Steak Burger served in a Black Sesame Dough Bun, Topped with Stripey Jack 5 Country Cheese & Onion Rings. French Fries and Salad. Contains: 1,7,11,12

Cajun Style Chicken Burger

€13.95

8oz Fillet of Chicken marinated with Cajun Spice, Lime and Orange Pan fried served in a fresh Waterford Blaa. Served with French Fries & Salad

Contains 1,3,7,8,10

Gourmet Pork & Apple Sausage

€12.95

Served on a Large Yorkshire Pudding, stacked Champ Potato & Red Wine Jus

Contains: 1,7,11,12

Beef Stroganoff

€15.95

Julienne of Beef, sautéed in Butter with Shallots, Mushrooms, Peppers, Smoked Paprika, Brandy & Mustard Sauce, on a Bed of Boiled Rice.

Contains 7,10,12

4oz Sirloin Steak Ciabatta

€16.95

4oz Sirloin Steak pan fried & topped with Sauté Onions & placed in an oven baked Ciabatta with Pepper Sauce served on the side. Served with French Fries and Salad

Contains: 1,3,7

Beef Steak Lasagne

€14.95

Ground Beef Steak in a tomato sauce layered with pasta, white sauce oven baked gratinated with cheese & served with a French Fries and Salad.

Contains: 1,7

Rhu Glenn Style Mild Chicken Curry

€14.95

Diced succulent pieces of Chicken with Onions in a mild spiced Curry with a thimble of rice. Contains: 1,9,10

Vegetarian Option Available

Add chips

€2.00

Traditional Pie Of The Day

€14.50

Freshly prepared succulent Pie topped with a Puff Pastry Lid served with 2 Sides of your Choice.

Can Contain: 1,2,3,4,5,6,7,8,9,10,11,12,13

Pasta Of The Day

€13.95

Italian Style Pasta Bowl with various meats and sauces of chefs choice

Ask your waiter Can Contain: 1,2,3,4,5,6,7,8,9,10,11,12,13

Italian Vegetarian Tortellini

€12.95

Pouches of Pasta stuffed with Ricotta Cheese and Spinach finished with a Creamy Spring Onion Sauce. Contains: 1,7

Fish

Traditional Fish and Chips

€14.50

Freshly Caught Seasonal Filleted Fish in Bread Crumbs served with French Fries & Salad

Can Contain: 1,7,4,9

Oriental Chargrilled Salmon

€16.95

Lightly baked and Soy Marinated, placed on a bed of Savoury Egg Noodle Stir-Fry Contains: 1,4,7,11

Main Courses from the Grill

Prime Hereford Irish Steaks

Cooked to your liking

Choose from:

<i>6oz Minute Steak</i>	<i>€17.95</i>
<i>8oz Rump Fillet Steak</i>	<i>€19.95</i>
<i>10oz Sirloin Steak</i>	<i>€21.95</i>
<i>14oz T-bone steak</i>	<i>€27.50</i>

*All above served with Onion Rings & Mushrooms, and Chips or Potato.
Pepper or Garlic Sauce on request .Contains: 1, 3, 7, 9*

Rhu Glenn Mixed Grill *€17.95*

*White & Black Pudding, Grilled Tomato, Bacon, Sausages, Sautéed
Mushrooms & Fried Egg, Served with French fries*

Contains: 1, 7, 10

**RHU GLENN
HOTEL**

Side Orders

<i>French Fries</i>	<i>€3.00</i>
<i>Potato of the Day</i>	<i>€3.00</i>
<i>Seasonal Farmhouse Vegetables</i>	<i>€3.00</i>
<i>Onion Rings</i>	<i>€3.00</i>
<i>Side Salad</i>	<i>€3.00</i>
<i>Garlic Bread</i>	<i>€4.95</i>

Desserts

Daily Selection of Desserts on Display Board

The Kids Zone

Starters

Traditional Soup of The Day 1,7	€3.50
Chicken Tenders	€3.95

Main Course

Chicken nuggets & Chips : 11,12	€6.50
Bun Burger & Chips. : 1	€6.50
Bangers, Mash & Gravy : 1,7	€6.50
Add peas / beans with the above : 6	€1.00
Roast of the Day : 1,7,10,11	€9.50
Lasagne and Chips : 1,3	€6.95
Chicken Tagliatelle . Contains: 1,3,12	€6.50

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RHUIGLENN
HOTEL

Dessert

Trio of Ice-Cream : 7	€3.50
Cookies and Ice-Cream : 1,7	€3.50
Jelly and Ice-Cream : 7	€3.50
Fruit Salad Cup	€3.00

Meal Deals

2 Course with Fruit Shoot Drink (Blackcurrant or Orange)	€9.50
3 Course with Fruit Shoot Drink (Blackcurrant or Orange)	€12.50
(€3.00 supplement for Roast of the Day)	

Allergan Advice

1. *Wheat*
2. *Crustaceans (crabs, lobsters, crayfish, shrimp, krill and barnacles)*
3. *Egg*
4. *Fish*
5. *Peanuts*
6. *Soy Beans*
7. *Milk + Dairy Products*
8. *Nuts*
9. *Celery*
10. *Mustard*
11. *Sesame Seeds*
12. *Sulphur dioxide & Sulphites*
13. *Lupin (same plant family as peanuts)*
14. *Molluscus (mussels, oysters, winkles, and scallops.)*

Our Chips and Gravy are both Gluten Free
Our standard seasoning contains: 1, 3, 7 and 9

Thanks to our suppliers who provide us with fresh daily produce

Atlantis Seafood, Wexford

Dairyland Cuisine, Ferrybank, Waterford

Brendan Walsh Fruit & Veg, Slieverue, Co. Kilkenny

Johnston, Mooney & O'Brien, Waterford Branch

Musgraves, Waterford Branch

Pallas Foods, Kilkenny Branch

Castlebrand Eggs, Wexford Branch

CJ O Loughlin, Gorey, Co. Wexford

Oak Park Foods, Cahir, Co. Tipperary

Country Style Foods, Grannagh, Kilmacow, Co. Kilkenny

Mean Bean Coffee, Waterford City